



# KCMA BUBWITH TIMETABLE

Time	Tuesday	Thursday	Time	Saturday
4:00pm	Mini Kicks	Mini Kicks	9:00am	Kids Kickboxing
4:30pm	Mixed Sparring	Samurai's	9:45am	Xtreme Forms
5:15pm	Xtreme Forms	Taekwon-Do	10:30am	Taekwon-Do
6:00pm	4 Week Course	Female Only	11:15am	Adults
7:00pm	Adults Sparring	Adults	12:15pm	Mixed Sparring